

**Mount Saint Dominic Academy**  
**3 Ryerson Avenue**  
**Caldwell, NJ 07006**  
**973-226-0660 Ext. 1119**

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**Fall Sports Locations:**

<b>Varsity Soccer</b>	MSDA	<b>JV Soccer</b>	Lynn De Bell Field or Roseland Rec. Field (Harrison Complex)
<b>Volleyball (V&amp;JV&amp;Frosh) X Country</b>	MSDA Athletic Center Grover Cleveland Park	<b>Tennis ( V&amp;JV)</b>	Grover Cleveland Park or Roseland Rec. Field (Harrison Complex)

**Winter Sports Locations:**

<b>Basketball (V &amp; JV)</b>	MSDA Athletic Center	<b>Swimming</b>	Clifton Boys/Girls Club
<b>Basketball (Frosh.)</b>	MSDA Athletic Center	<b>Lacrosse</b>	Roseland Rec. Field (Harrison Complex)

**Spring Sports Locations:**

<b>Softball (V &amp; JV)</b>	MSDA	<b>Track &amp; Field</b>	No Home meets
<b>Golf</b>	Essex Fells Country Club	<b>Lacrosse</b>	Roseland Rec. Field (Harrison Complex)

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**To Mount Saint Dominic Academy / Caldwell College**

**FROM BLOOMFIELD AVE: (from Newark and Montclair)**

Follow Bloomfield Ave. (west) up into Caldwell (pass Exxon station and Mountain Ave. on the right).

- At the next light, turn left on to Ryerson Ave. (signs for Caldwell College and MSDA).\*\*
- Take the second right (stone pillars) just before the athletic field, and enter the campus.
- Travel down small hill and bear to the left. High School is located in large brick building on your left (with the large front lawn).
- Gym entrance is the last door on the left of the building (first door as you approach the building).

**FROM THE EAST: ( Route 3 West to Route 46 West )**

- Take 46 West, past the Willowbrook Mall.
- Exit at PASSAIC AVE./THE CALDWELLS, just past Houlihan's Restaurant.
- At end of the ramp, make a LEFT at the light on to Passaic Ave.
- Follow Passaic Ave. past airport and bowling alley to Bloomfield Ave. and make a LEFT (three gas stations at the intersection).
- Take Bloomfield Ave. through Caldwell, look for Dunkin Donuts on the right, next light is Ryerson Ave.

-Turn RIGHT on to Ryerson (follow \*\*directions above

**FROM THE SOUTH: (GSP NORTH TO EXIT 145 to 280 WEST)**

**FROM THE WEST: (ROUTE 80 EAST to 280 EAST)**

**FROM ROUTE 280:**

-Exit 5B off Route 280 in either direction, this will put you on Livingston Ave. traveling towards Caldwell.

-At the first light (where Livingston Ave. ends - 'T' in the road), turn RIGHT on to Eagle Rock Ave.

-Travel approx. 1/10 of a mile and make your first LEFT on to Roseland Ave. (Sunoco Gas on left).

-Follow Roseland Ave. until it ends at Bloomfield Ave. Turn RIGHT on to Bloomfield Ave.

-Pass Dunkin Donuts on the right and make your next RIGHT at Ryerson Ave.

-Second right is entrance to the school. See \*\* above.

**Grover Cleveland Park ( Brookside Ave)**- continue past the light at Ryerson Ave. on Bloomfield Ave. (traveling toward West Caldwell). At the 2nd light make a left on to Roseland Ave.\*\* then a quick right on to Westville Ave. Follow around the bend and stay to the left (road name changes to Brookside), park is on the left. Courts will be seen immediately, X Country meets at the small house by the lake approx. 1/4 mile down on the left.

**Roseland Boro Fields/Harrison Complex**- ( 19 Harrison Ave )\*\*stay on Roseland Ave. for approx. two miles. Make a left on to Harrison Ave. The fields can be seen from Roseland Ave. and are directly behind the police station and tennis courts.

**Harrison Complex Fields / Tennis Courts from 280 East**

- 280 East to exit 5B ( Becker Farm Road)

- Come off ramp – bear right onto Livingston Avenue

- Take Livingston Ave to end

- Turn Right onto Eagle Rock Ave

- Go to 1<sup>st</sup> light ( Shell Gas Station on left ) and turn left onto Roseland Ave

- Go to 1<sup>st</sup> light and turn right onto Harrison Avenue

Tennis Courts are on the left hand side

**Lynn De Bell Field (Located on Fernwood Ave) in Roseland - JV Soccer**

From MSD – the Varsity Team will be dropped off on Ryerson Ave. (Varsity Soccer Field on the right) at MSD

- Bus will then go to “Old Chester Road” and make a Left.

- Go 1 Block and make a Right onto Fells Road

- Continue on Fells Road to the end (You will be passing a soccer field and ball fields on your left towards the end of Fells Road) You will make a left onto Roseland Ave
- At 2<sup>nd</sup> Traffic Light make a Right onto Eagle Rock Ave.
- Take Eagle Rock Ave to Fernwood Avenue ( 5<sup>th</sup> Block) and make a Right onto Fernwood
- Second field on the left

### **Lynn De Bell Field From 280 East**

- 280 East to exit 5B ( Becker Farm Road)
- Come off ramp – bear right onto Livingston Avenue
- Take Livingston Ave to end
- Turn Left onto Eagle Rock Ave.
- Take Eagle Rock Ave to Fernwood Ave ( 5<sup>th</sup> Block) and make a right
- Second Field on the left

### **Clifton Boys/Girls Club- Located at 802 Clifton Ave.**

Take Valley Road in Montclair (pass Montclair State Univ.) Continue on Valley Rd. past Gensinger VW Dealership and make a right on to Van Houten Ave. Take to Broad St. and make a left. Take to Colfax and make a right. Club parking is on Colfax and the club is at the corner of Clifton and Colfax.